

THE HUMAN MIND AND BELIEF 3 - RELOADED

Man's search for meaning is a perennial quest. The workings and desires and hopes and frustrations of the mind tell us many things about it and why it is the way it is. The awesome capacity of the entire person to become addicted to almost anything throws a light on our strength and also our weakness. The human face is a shadow cast by the mind, and more often than not, it functions as a one-way mirror rather than a true reflection of what is going on beneath the surface. We become attached to people and things and we actually love. The exhilaration of true joy crafted onto a robust scaffold of pain and disappointment and suffering and sorrow is counter intuitive yet very real. Joy in the possession of the beloved is as good as it gets "down here," but our minds pine for this bliss always. This longing for joy is not a vestigial structure in a once functional lobe of our primordial brains that has become atrophied due to disuse. It is the flicker of light at the end of our tunnel showing us the way to go. The human mind is truly a blueprint of our destiny.



Eugene G. Breen works as a psychiatrist in an inner city practice. He has penned two previous books in this series: The Human Mind and Belief – Opening Shots and The Human Mind and Belief 11 – Unplugged. The basic idea is that the human mind is the best hint there is to direct our understanding of what life and death are about and of what it means to be human. The philosophical underpinning is metaphysics and the psychology is optimistic realism. He writes in a conversational style and speaks to the lay person as well as the specialist. Humour and a light touch make challenging realities more palatable. The gaping hole that purely human thinking exposes about the origin and cause of the universe and man is gazed at, and believe it or not, instead of an infinite abyss, an enormous reality is discovered. The interface between philosophy and psychology and religion and science is explored and the reader is left to research the issues further.



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Why Is the Human Mind the Way It Is?



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